



# 40 years of excellence in creating careers

Professional dance training, with classical ballet as its foundation

Central  
School  
of Ballet

## Undergraduate Audition Criteria September 2026 Entry

Applicants to Central School of Ballet are chosen on the basis of their talent and potential to develop the skills required for their chosen profession. The school considers applicants on their suitability for a course and their potential to successfully complete the training in line with the Course Summary documents, as the training is rigorous and requires high levels of energy and commitment.

- Physique to establish proportions and posture
- Plié for elasticity and tensile quality of the Achilles tendon
- Ankle mobility, strength and articulation of the foot joints
- Range of movement in the hip socket and pelvis
- Deportment, flexibility and hypermobility of the spine
- Posture, placement, alignment and stability in barre work
- Control, balance, line, application of technique in Adage work
- Good axis and balance in turning movements
- Rhythm, footwork and elevation in jumps
- Alignment of foot and ankle through pointe work
- Co-ordination, movement quality, ability to learn sequences, musicality and individual artistry in ballet and contemporary work

Our audition panel, consisting of Central's Artistic Director and Professional Training Lead and various artistic members of staff, use the same set of audition criteria to review applicants both at in-person auditions, and video auditions.

Please note, the above criteria is used to assess applicants at both preliminary audition stages and also final auditions.

If you have any questions or concerns about the audition criteria or the application process in general, please contact [admissions@csbschool.co.uk](mailto:admissions@csbschool.co.uk)