



40 years of excellence in creating careers

Professional dance training, with classical ballet as its foundation

Central
School
of Ballet

Undergraduate Personal Statement Guidance September 2026 Entry

All applicants

You are required to submit a personal statement as part of the application form. Your personal statement should reflect who you are as a person and should include the following:

- Why you want to train at Central School of Ballet
- Any training or performance highlights (e.g school/college shows)
- Performances you have seen
- Any awards or scholarships

You can submit this in a way that feels most accessible to you:

- Written [500 words max.]
- YouTube video [3 mins max.]
- Audio file [3 mins max.]

Please ensure the information you share is in your own voice.

Year 2 and Year 3 Direct Entry Applicants Only

In addition to the above, you are required to provide a second statement. This must include further details about your experience in the areas outlined below, which are required for approval to Direct Entry:

- Choreography
- Dance Improvisation
- Dance History
- Anatomy
- Nutrition
- Pilates
- Goal Setting
- Supplementary Training (i.e Exercise Programmes)

You can submit this in a way that feels most accessible to you:

- Written [500 words max.]
- YouTube video [3 mins max.]
- Audio file [3 mins max.]

If you have any questions or concerns, please contact admissions@csbschool.co.uk