



Undergraduate Audition Criteria
In-Person and Video Auditions
September 2025 Entry

Applicants to Central School of Ballet are chosen on the basis of their talent and potential to develop the skills required for their chosen profession. The school considers applicants on their suitability for a course and their potential to successfully complete the training in line with the Course Summary documents, as the training is rigorous and requires high levels of energy and commitment.

Preliminary Audition

- Physique to establish proportions and posture
- Plié for elasticity and tensile quality of the Achilles tendon
- Ankle mobility, strength and articulation of the foot joints
- Range of movement in the hip socket and pelvis
- Deportment, flexibility and hypermobility of the spine
- Posture, placement, alignment and stability in barre work
- Control, balance, line, application of technique in Adage work
- Good axis and balance in turning movements
- Rhythm, footwork and elevation in jumps
- Alignment of foot and ankle through pointe work
- Co-ordination, movement quality, ability to learn sequences, musicality and individual artistry in ballet and contemporary work

Final Audition

Applicants who make it through to the final audition stage will be reviewed again against the above audition criteria, but with a focus on the following three elements:

- Technique – evidencing control and polish
- Artistry – evidencing the ability to show different movement qualities
- Musicality

If you have any questions or concerns about the audition criteria or the application process in general, please contact admissions@csbschool.co.uk