

# Understanding Consent

Consent is defined as the agreement by choice to participate in an act (including, but not limited to, a sexual act) where the individual has both the freedom and capacity to make that decision.

This poster intends to break down what is and what is not consent.

## What is Consent?



### Freely Given:

A person can only consent if they are able to refuse. If a person is drunk, under the influence of drugs, asleep or unconscious, or feeling coerced or fearful, they cannot consent.



### Reversible

Consent must be reversible. A person must be able to revoke consent at any time, for any reason. If someone becomes withdrawn or seems to not be enjoying themselves, they are not consenting.



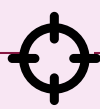
### Informed

For a person to consent, they must know what it is that they are agreeing to. If the situation changes, and they are not informed, they cannot consent.



### Explicit

The absence of complaint or refusal is not consent. Consent must be actively, clearly, and explicitly expressed. If someone does not appear engaged or keen, they are not consenting.



### Specific

Specific consent must be sought for each activity. Consent for one thing is not consent for another.

If you are unsure whether you have consent, **STOP** and **ASK**

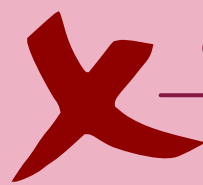
## What is not consent?



A 'yes' when someone is drunk or otherwise impaired is not consent.



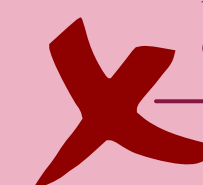
A 'yes' given under duress or pressure is not consent.



Reading body language is important. Silence is not consent.



A particular style or cut of clothing is not consent.



Flirting is not consent.