

**Junior School Timetable  
September 2021-July 2022**

NB. In the event of a local lockdown, classes will transfer online and could be subject to change.  
Schedules remain at the discretion of Central School of Ballet.

**MONDAY**

TIME	CLASS	TEACHER	STUDIO
4.30-5.30	Level 3	Amy Laithwaite	Weston A
5.30-6.45	Level 7	Amy Laithwaite	Weston A
6.45-7.30	Stretch/Conditioning L7/8	Amy Laithwaite	Weston A
4.30-5.30	Level 4	Zoe Epstein	Weston B/C
5.30-6.45	Level 8	Zoe Epstein	Weston B/C
6.45-8.00	Level 9	Zoe Epstein	Weston B/C

**TUESDAY**

TIME	CLASS	TEACHER	STUDIO
4.30-5.15	First Ballet	Liesl Dowsett	Weston A
5.15-6.15	Level 3	Liesl Dowsett	Weston A
6.15-7.30	16-18yrs (Advanced)	Liesl Dowsett	Weston A
4.30-5.45	Intensive Coaching 1	Kirsty Pritchard	Weston B/C
5.45-7.00	Intensive Coaching 2	Kirsty Pritchard	Weston B/C
7.00-8.15	Intensive Coaching 3	Kirsty Pritchard	Weston B/C

**WEDNESDAY**

TIME	CLASS	TEACHER	STUDIO
4.30-5.00	Pre-Ballet	Anna Zammit Lupi	Weston A
5.00-5.45	Level 1	Anna Zammit Lupi	Weston A
5.45-6.45	Level 4	Anna Zammit Lupi	Weston A
6.45-8.00	Level 7	Anna Zammit Lupi	Weston A
4.30-5.15	Level 2	Liesl Dowsett	Weston B/C
5.15-6.15	Level 5	Liesl Dowsett	Weston B/C
6.15-7.15	Level 6	Liesl Dowsett	Weston B/C

THURSDAY

TIME	CLASS	TEACHER	STUDIO
4.30-5.15	Level 1	Kirsty Pritchard	Weston A
5.15-6.15	Level 5	Kirsty Pritchard	Weston A
6.15-7.30	Level 8	Kirsty Pritchard	Weston A
7.30-8.00	Level 8 Pointe	Kirsty Pritchard	Weston A
4.30-5.15	First Ballet	Amy Giancarlo	Weston B/C
5.15-6.00	Level 2	Amy Giancarlo	Weston B/C
6.00-7.00	Level 6	Amy Giancarlo	Weston B/C
7.00-8.15	Level 9	Amy Giancarlo	Weston B/C

FRIDAY

TIME	CLASS	TEACHER	STUDIO
4.30-5.30	Boys 1	Philip Page	Weston A
5.30-6.45	Boys 2	Philip Page	Weston A
6.45-8.15	Boys 3	Philip Page	Weston A

Intensive Coaching is by written invitation only and subject to selected pupils attending regular classes during the week.

Pointe Work is for students in Level 8, assessment for suitability will take place in the first week of term. **Please do not buy pointe shoes before the assessment.**

Boys in *Boys only* classes will be placed in groups according to age and level of ability, the placement of groups is at the Central School of Ballet's discretion.

We recommend pupils attend two classes a week from Level 3 upwards.