

## **VIDEO AUDITION REQUIREMENTS**

We would like you to record a short video of yourself demonstrating the following skills. All applicants should take note of the instructions below and follow them carefully for your application to be considered.

### **Ballet Section**

- An awareness and understanding of the fundamentals of the classical technique ie: correct posture; use and control of turn-out; correct alignment and use of the torso, legs and feet, including demi pointe and pointe work
- Control and balance in adage, showing clear lines and application of technique
- A sense of ballon and rhythm in allegro with strong footwork
- An ease of co-ordination between the upper body, legs and feet
- A confident sense of performance

### **Contemporary Section**

- Show good use and articulation of the back
- Physical dynamics
- Engaging use of breath and release in movement

To assist you, we have provided you with an audition video example which includes a selection of exercises you could include. Please note, this is for guidance only.

[Please find our audition video example here.](#)

- **What to wear** - For the ballet exercises, please wear a plain coloured leotard, tights and ballet shoes; bare feet are needed for contemporary.
- **What music to use** – Please use any music of your choice
- **What to film on** - Film with a fixed camera / phone to ensure your whole body can be seen, even when on the floor.
- **How to film** - Please ensure you film in landscape.
- **Introduce yourself** - At the beginning of your video, please start by introducing yourself to camera. Please film this with your head and shoulders in shot. You must include the following information:
  1. Your full name
  2. Your age
  3. Where you are from
- **Submit one video** - Please ensure all of your video footage is collated into one video. You will need to use an editing tool to do this.
- **Upload to YouTube** - Your audition video must be uploaded to YouTube as an 'Unlisted' video. You must then copy and paste the HTML link to your video, into your application form when instructed to do so. Please refer to our [YouTube Guidance](#) for instructions on how to upload your video to YouTube.
- **The title of your video** - The title of your audition video must be your FULL NAME and DATE OF BIRTH

Should you have any questions regarding your video audition or your application, please contact [auditions@csbschool.co.uk](mailto:auditions@csbschool.co.uk)