

Entry Requirements

This document is designed to give an indication of the qualities required for entry onto the course at Central School of Ballet. However, it should be noted that at the audition as the dancer is considered as a balanced whole, these criteria should be seen as a guide only.

1. A physique which has the potential to manifest correct ballet form with well-balanced proportions which are likely to enable future employment:

This will require sufficient:

- Turn-out capability through hips, knees and ankles;
- Flexibility in hamstrings for extensions en l'air;
- Demi-plié;
- Flexibility through foot and ankle to achieve clean, centred line on demi and (for Ladies only) full-pointe;
- Flexibility in spine to achieve arabesque.

2. Movement qualities which show:

- Coordination of upper and lower parts of the body and of opposite sides;
- Musical responsiveness;
- A sense of engagement with an audience;
- Spatial awareness;
- Appropriate sense of movement through space.

3. Minimum five, A*-C GCSEs or equivalent.

4. Knowledge of basic, Ballet vocabulary up to the equivalent minimum of Advanced Foundation.

5. A willingness to engage in:

- A reflective approach to personal development;
- Critical study of dance and associated art forms.

6. English as a Foreign Language – ideal level 6.5 ESOL.